



# Mead Family Newsletter

## September 2023

### A Message From Your Principal

Hello Mead families!

There is an excitement in the air as we kick off another wonderful school year at Mead School! Teachers and staff are eager to welcome our Mustangs back into the building. We missed our students and we can't wait to do great work with them again this year.

The partnership between home and school is incredibly important, so I want to thank you in advance for reading these monthly newsletters, checking your child(ren)'s backpack regularly, and staying connected on Seesaw, our school communication app. You are an important part of your child(ren)'s team, and we can't wait to work with you this year!

I am blessed to be part of such an amazing school with the best students, staff and families. Thank you for sharing your children with us!!

Amber Applebee, Principal



### Important Dates in September

- **Monday, September 4th:** No School
- **Tuesday, September 5th:** First Day of School
- **Monday, September 11th:** First Early Release @ 2:30 (and every Monday after)
  - ◆ If you are picking up your child, please plan to be at Mead by 2:30. Pick up procedure will be the same.
  - ◆ Any students going to Boys & Girls Club will be shuttled in vans at 2:30
  - ◆ Students who need to take their regular bus home will be supervised in their grade level cohorts until 3:30 when the buses arrive to take them home at their typical drop-off times.
- **Thursday, September 18th:** Mead School Picture Day
  - ◆ *October 26th: Retake Day*
- **Thursday, September 18th:** Healthy Smiles Forms Due



**School Wide Title I Services:** Mead Elementary School offers school-wide Title I services to all students. Title I is a federal program providing funding to support intervention to students who are struggling to reach grade level standards. At Mead, intervention teachers work with small groups of students in need of additional support in reading and math. Our intervention teachers also work in classrooms with the classroom teachers. If you do not want your child to receive these services, please contact the office for a form to fill out to opt your child out of these learning opportunities.

## Back to School Reminders

### → Mead School Hours

- ◆ **Monday: 8:40- 2:30** (early dismissal for teacher collaboration to monitor and enhance student progress)
- ◆ **Tuesday-Friday: 8:40 - 3:30**

### → Morning Drop Off Procedure

- ◆ **Students can begin arriving at 8:25; breakfast will be provided.**
  - There is no playground supervision before 8:25, so **please do not drop students off before 8:25**. Thank you for helping us keep our students safe!
- ◆ Students should be dropped off on the Alton Street side of the school. They can walk through the cones to safely cross the street and enter the school through Door B off Alton Street or through their applicable playground door. You may walk your child to the doors, but we ask that you do not enter the building without checking in at the office.
- ◆ **Please do not drop students off or park along any part of 17th street. This area needs to be kept clear for our buses and vans every morning.**

### → Morning Jumpstart Program at Mead

- ◆ **Need to drop your child(ren) off before 8:25?** No problem! You can sign them up for the Boys & Girls Club Jumpstart program right here at Mead. A few of our own Mead staff have teamed up with staff from the Boys & Girls Club to provide a safe, fun place for our students to go before school, as early as 6:45. Your child(ren) can come everyday or just a few days a week.
- ◆ **For more details about the program or how to sign up, please visit [www.bgcwra.org/registration](http://www.bgcwra.org/registration)!**
- ◆ **Please remember that students who are attending Jumpstart should be dropped off by 8:05 to allow them time to enjoy the program. Thank you!**



We want our Mustang's to be successful, and to do that, we need them in school, on time, every day. Please help us out by scheduling appointments outside of school hours. Many families schedule appointments on Monday afternoons during our early release. If the unavoidable happens and your child can't make it to school, please be sure to call our attendance line at (715) 424-6765 to avoid unexcused absences.

Need to pick your child up early? Please call our office at (715) 424-6777 by 1pm on Monday and 2pm Tuesday-Friday, so that we can make sure your end of day plans are communicated to your child and their teacher. Thank you!

## Free Lunch and Breakfast for All Students

- We continue to offer universal free breakfast and lunch to all students. **Families who qualify for free and reduced lunch are still encouraged to complete appropriate paperwork to have access to other resources in our district/community.** Paperwork can be found in your white packet that will be given out at Open House.

## September Breakfast and Lunch Menus.

## Thank You to the Tritz Family

- A big thank you to the Tritz Family for their annual donation of hundreds of boxes of crayons and glue sticks. This year, they were even more generous and added hats and gloves to their donation! This will help greatly for our kiddos who lose or forget their hats and mittens in the cold winter months!

## Zones of Regulation

- We will continue to use Zones of Regulation with our Mustangs. Please support us by talking about feelings and modeling regulation strategies at home.

# The Road to Regulation

**Red** STOP → Zone Tools

**Yellow** SLOW DOWN → Zone Tools

**Green** GOOD TO GO → Zone Tools

**Blue** REST/ENERGIZE → Zone Tools

**I CAN...** Have fun, Do my job, Focus, Be in control, Join in, Solve the problem

**Welcome to Destination Regulation**

**STEP 1** How do I feel?

**STEP 2** What Zone am I in?

**STEP 3** Do I need a tool to regulate? Which one?

**STEP 4** Use the tool.

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## Meet the School Counselor



**Ms.**

**McIlheran**

### About Me

Welcome to a new school year! I am Ms. McIlheran. You can call me Ms. Mac (but my last name is pronounced Mac-uhl-hair-in). I earned my Bachelor and Master degree at UW-Stout and this is my first year as a licensed school counselor! I have had many experiences in other schools and community settings and am thrilled to join the amazing team at Mead and be a part of your children's lives!

### Fun Facts

- \* I grew up near Green Bay and I am a Packers fan! In high school, I worked at the Packers Pro shop in Lambeau.
- \* I love baking and trying new sweet treat recipes
- \* I love to unwind by going for walks, playing any type of sport, reading or playing with my parents' dogs.

### A School Counselor...

- \* is available for individual and group counseling and teach Guidance
- \* advocates for all students by addressing academic, social, and emotional needs

### What's Guidance?

- \* I teach Guidance for each class every other week
- \* Topics will be on career exploration, coping skills, regulating emotions

### Contact Me

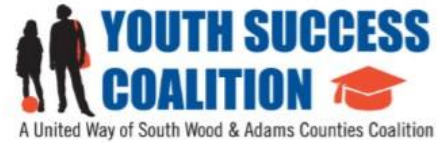
✉ [megan.mcilheran@wrps.net](mailto:megan.mcilheran@wrps.net) ☎ (715) 424-6777

I'm located in the main office next to Principal Applebee's office.



## School Safety at Mead

- **Secure Entrance:** Please help us keep our building safe by checking in at the front office when entering the building. This helps us monitor the adults who are in our hallways and ensure our students' and staff safety. Thank you in advance for understanding.
- **Code Yellow Situations:** Occasionally, we have to perform a "Code Yellow" soft lockdown at school. When we call a Code Yellow, it means we have a **minor** situation happening in the halls and need to keep students away. This allows us to respect students' privacy and keep everyone else learning and going about their business with as little disruption as possible. Safety at Mead School is our top priority, and we will always do what's best for our students. If a Code Yellow ever lasts for more than just a few minutes, you will always be notified via Skylert (please make sure your email is accurate/updated in Skyward).



### *"Hooked on Scouting" Where Adventure Begins!*

Youth Success Coalition partner Samoset Council, Boy Scouts of America serves families & youth with programs that support the coalition's goal by providing youth with mentors, role models, and enrichments that enhance growth and development. Scouting has programs for all youth!

Cub Scouts is a year-round program for both boys and girls (K-5th grade) in which fun and challenging activities promote character development. Cub Scouts teaches youth to embrace opportunity and overcome obstacles, while giving parents new opportunities to make an impact.

Scouts BSA is a year-round program for older boys and girls (ages 11-18) that teaches leadership, service to others, and life skills through youth-led outdoor adventure. No Scouting experience is required to join Scouts BSA.

Find Scouting units near you at [www.beascout.org](http://www.beascout.org)! You can request information from local Scout leaders, or apply right online. For more information, please contact Samoset Council by phone at 715-355-1450 or online at [www.Samoset.org/Join](http://www.Samoset.org/Join)!

## What is **Bright by Text** ?

Bright by Text is a **free** program for parents & caregivers that sends tips and resources promoting child development, specific to each child's age, right to their cell phone.

92% of parents are more confident as a result of receiving Bright by Text messages.



Bright by Text families have **children** who are on average **3 months** ahead of a comparison group in language development.

Feel more prepared & informed with research-based messages about healthy child development, and local messages with resources from United Way of South Wood & Adams Counties.



United Way of South Wood & Adams Counties

